

Menus for

WILLSBORO CENTRAL

This institution is an equal opportunity provider.
Menus are subject to change.



Thursday, February 1

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

SOUP & SAND
CORN
APPLESAUCE
MILK

Friday, February 2

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

BBQ RIB
RICE
CARROTS
PEACHES
MILK

Monday, February 5

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

CHICKEN PATTY
TATER TOTS
GREEN BEANS
PEARS
MILK

Tuesday, February 6

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

TURKEY SUB
CHIPS/SALSA
PEAS
BANANA
MILK

Wednesday, February 7

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

PIZZA
TOSSED SALAD
STRAWBERRIES
MILK

Thursday, February 8

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

MICHIGAN
BAKED FRIES
PEACHES
MILK

Friday, February 9

Breakfast

BAGEL, CEREAL
DAILY SPECIAL
JUICE/FRUIT

Lunch

SPAGHETTI
BROCCOLI
APPLE
MILK

MELTING AWAY.



Chocolate and hearts go together this time of year. And, yes, a little dark chocolate now and then can even be good for you. But scientists warn that the prime cocoa growing areas of the world could be too warm to grow the crop by as soon as 2050.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

FREDERICK DOUGLASS

Frederick Douglass escaped from slavery in Maryland in 1838. He became a renowned orator and abolitionist and the best known and most influential African American of his time.



AFRICAN AMERICAN HISTORY MONTH
Want to know more? Search for "Frederick Douglass" on-line.



Every complete meal we serve comes with your choice of milk!

Monday, 12
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 FISH STICKS
 HERBED RICE
 COLESLAW
 APPLE
 MILK

Tuesday, 13
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 LOADED NACHO
 CORN
 PINEAPPLE
 MILK

Wed, 14
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 PIZZA YOUR WAY
 TOSSED SALAD
 PEARS
 MILK

Thursday, 15
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 WCS BURGER
 BAKED FRIES
 BAKED BEANS
 STRAWBERRY
 MILK

Friday, 16
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 CHICKEN
 NUGGETS
 MASHED POTATO
 CORN
 APPLE/MILK

Monday, 19

PRESIDENTS DAY
 NO SCHOOL
 TODAY

Tuesday, 20
 K
 NO

Wed, 21
 S
 SCHOOL

Thursday, 22
 C
 THIS

Friday, 23
 E
 WEEK

Monday, 26
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 FRENCH TOAST
 SAUSAGE
 HASH BROWN
 APPLESAUCE
 MILK

Tuesday, 27
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 TACO
 RICE
 BAKED BEANS
 PEACHES
 MILK

Wed, 28
Breakfast
 BAGEL, CEREAL
 DAILY SPECIAL
Lunch
 PIZZA
 TOSSED SALAD
 PINEAPPLE
 MILK

YEAR OF THE DOG
2018
 The Chinese New Year begins with the new moon on February 16. 2018 is the year of the Dog.



SPÉCtAcULAR Athletes
 Featuring the

 Winter Olympics
 February 9-25
 PyeongChang,
 South Korea



Photo by Brett Wilhelms/ESPN
 Snowboarder Chloë Kim won three gold medals at the Winter X Games before she turned 16. She made the U.S. Olympic team in 2014, but at age 13 was too young to compete. Chloë, now 17, returns to her parents' home country of Korea to compete for gold in the 2018 Winter Olympics!

CHLOE KIM

Available
 PBJ OFFERED DAILY
 CHICKEN NUGGETS-
 MONDAY-WEDNESDAY
 AND FRIDAYS ONLY

